

Working with Couples Using the Cape Cod Model[©]

A Six-Week Intensive Couples Therapy Training from a Contemporary Gestalt Perspective



Dates	Six Friday Mornings in December 2018, January and February 2019
Location	Watertown, MA
Faculty	Sharona Halpern, MA, LMHC, ACC, and Stuart Simon, LICSW, MCC
Fee	\$770
CE Hours	22

The Cape Cod Model[©] is both an approach and a step-by-step technique for working with couples. Embracing an optimistic stance, the therapist's task is oriented towards helping the couple become aware of how "they" are and to see that their difficulties are likely the result of competencies that are either overused or limited. Based on a couple's understanding of their competence through a series of observations and interventions of the therapist, growth is accomplished by expanding their behavior range and building on their competencies. The Cape Cod Model[©] is uniquely driven by the clinician's ability to intervene with optimism, trust and support.

The program is structured so that each week content and theory will be followed by opportunity for practice. Accordingly, the number of participants will be limited to allow for weekly feedback from faculty.

Dates

December 7 and 14, 2018
January 4, 11 and 18 and February 1, 2019

Each session of the program will meet from 9:00am to 1:00pm.



Benefits

Participants in the program will:

- Learn to use themselves as an instrument of influence
- Learn an approach that recognizes how people connect
- Learn to see the couple as a co-created system
- Develop the ability to give compelling, appreciative feedback
- Learn to appreciate and articulate the competence of the couple system
- Understand and practice the sequence of the Cape Cod Model[©]
- Learn creative approaches to helping clients expand their range of behavior
- Have an opportunity for weekly practice
- Receive weekly faculty feedback

Faculty

Sharona Halpern, MA, LMHC, has 30 years' experience as a psychotherapist, trainer, group leader and consultant. She has a private practice in consulting and psychotherapy in Newton, Massachusetts, and is a co-director of the Cape Cod Training Program at the Gestalt International Study Center in Wellfleet, Cape Cod.

Stuart N. Simon, LICSW, has over 35 years' experience working as a psychotherapist, consultant and trainer in the US, Canada, Europe, the Middle East and Africa. He is the author of several articles and chapters that focus on working therapeutically with individuals and couples, and is a member of the core faculty of the Gestalt International Study Center in Wellfleet, Cape Cod.

To Register

Sign up online at www.gisc.org/register or call 508-349-7900.



Registration Form

Name: _____ Male: Female:

Company Name: _____ Position: _____

Preferred Mailing Address - Work / Home : _____

City/State/Province/Postal Code/Country: _____

Work Phone: _____ Home Phone: _____

Mobile Phone: _____ Email: _____

Current Profession (please check all that apply):

Coach Consultant/OD Psychotherapist Leader/Executive Nonprofit Educator Other _____

Professional Affiliations/Associations:

ICF (Int'l Coach Federation) OD Network APA Other (please specify) _____

How did you hear about this program? _____

If by referral, from whom? _____

Please register me for:

Program Title	Date	Fee
_____	_____	_____
_____	_____	_____

I am a GISC Member: I would like to join GISC: \$125/year

Total: _____

Invoice my organization: _____

I have enclosed a check or money order payable to GISC (US funds only):

Charge my: Visa Mastercard American Express

Name as it appears on card: _____

Account Number: _____ Expiration Date: _____

Signature: _____

Cancellation Policy: Refunds are available up to 21 days prior to a program, less a \$35 administration fee. When cancellation is made with a notice of 20 days or less, tuition will not be refunded, but may be applied to a future program within the next calendar year.

Mail or fax along with your payment to:
Gestalt International Study Center, PO Box 515, South Wellfleet, MA 02663-0515, USA

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