

# Coaching Open House: How Does Coaching Get Results? A Look at the Coaching Process and Certification



Date & Time	<b>Wednesday, April 10, 2019, 9:00am - 12noon</b>
Location	<b>Seaport District, Boston</b>
Faculty	<b>Stuart Simon, LICSW, MCC (Co-Director) &amp; Mary Ann Walk, MS, MBA, MCC (Co-Director)</b>
Admission	<b>Free admission. Seating is limited. Pre-registration required</b>
To Register	<b>Visit <a href="http://www.gisc.org/register">www.gisc.org/register</a>, call 508-349-7900 or email <a href="mailto:office@gisc.org">office@gisc.org</a></b>

Want to learn more about the coaching process and how it gets results? Would you like to learn how you can apply coaching skills in a new or existing career? Join us for this free morning-long introductory session to learn about GISC's coaching approach and how you can use it to help clients achieve meaningful growth and change.

The session will include coaching instruction and practice, as well as a panel talk with GISC's coaching faculty and graduates. Learn about our approach as well as what it takes to become a credentialed coach.

This is an introductory session for our Competency Development Program for Coach Certification: Skills for High-Impact Coaching, which is offered yearly on Cape Cod.

The interactive presentation will focus on GISC coaching concepts and their application. We will explore the concept of polarities and its application in supporting client growth and change. You will learn about self awareness and its role in coaching, as well as how to connect with your clients to coach effectively. Finally, you will learn new ways of viewing and engaging the resistance that is often encountered when facing change. These powerful coaching techniques are embedded in our coach certification program along with other theories and practices that support the coaching process.

credential and the opportunity to pursue credentialing by the International Coach Federation (ICF). The final hour of the morning will be devoted to a panel discussion and question-and-answer session with some of our Competency Development Program for Coach Certification graduates. They will be available to discuss their

experience of the program and how they are using their skills and certification in existing roles and new coaching practices.

There will also be an informal opportunity to meet with faculty and graduates and enjoy some light refreshments before and after the structured presentations.

This introduction – and GISC's accredited coach training program – is designed for those considering a move into the practice of coaching as well as for those currently working as a coach and seeking certification.

## Benefits

Participants in the session will:

- Learn the concept of polarities as a coaching tool
- Build self awareness and an understanding of its importance in coaching
- Gain key insights into resistance and how to work with it as a natural part of any change process
- Experience a coaching demonstration
- Develop insight into innovative approaches to current work situations and coaching client challenges
- Have an opportunity to ask faculty and GISC Certified Coaches about coach training and certification, GISC's approach, and what it takes to enter the field of coaching

## Participants

This program is for coaches and for anyone considering the practice of coaching, as well as those seeking to gain coaching skills or an understanding of the benefits and requirements of GISC's Coach Certification Program.

**This program is certified for 2 ICF core competency hours.**